

## Unity pledges to 'Make a Stand' against domestic violence

Unity has signed up to the "Make A Stand" pledge. This has been developed between partners the Chartered Institute of Housing, Women's Aid and the Domestic Abuse Housing Alliance.

Here at Unity we are committed to supporting people who are suffering domestic abuse – one of the biggest issues in today's society. You can come into the office and make a report. You can use our website to make a report, you can go to the Police or you can use one of the helplines:-

- West Yorkshire Police via 101
- Domestic Violence Unit on (0113) 3859590
- Leeds Women's Aid on (0113) 2460401

A Freephone 24 Hour National Domestic Violence Helpline, run in partnership between Women's Aid and Refuge, is a national service for women experiencing domestic violence, their family, friends, colleagues and others calling on

their behalf: 0800 2000 247

The Helpline can give support, help and information over the telephone wherever the caller maybe in the country. The Helpline is staffed 24 hours a day by fully trained female helpline support workers and volunteers. All calls are completely confidential. Translation facilities for callers whose first language is not English, and a service for callers who are deaf or hard of hearing are available.

**ManKind Initiative** is a confidential helpline for all men across the UK suffering from domestic violence or domestic abuse by their current or former wife or partner – including same-sex partner. **01823 334244** 

## What is domestic violence?

Domestic violence is any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over who are or have been intimate partners or family members regardless of gender or sexuality. This can encompass, but is not limited to, the following types of abuse:

- psychological
- physical
- sexual
- financial
- emotional